



Gambling

**Is there too much at stake? Is gambling causing conflicts with your family or at work?
Do you spend all your time at the gambling table or online?**

Do not gamble your life away! Get support.

We offer help and support for gamblers, directly affected family members, and their immediate environment.

Contact us for information without obligation.

Costs and locations

Our services are confidential and free of charge. You can find us at our centres in Bern, Biel, Burgdorf and Thun or at one of our other regional locations.

We offer intercultural translation for all our offers to facilitate communication between people of different nationalities.

Contact

You can reach us via beratung@beges.ch or at the free number [0800 070 070](tel:0800070070).